



Volunteers Needed!!! **Adopt-A-Room - La Posada - Santa Barbara**

Adopt-a-Room Dates:

Saturday, April 6, and Sunday, April 7

Saturday, April 13, and Sunday, April 14

In preparation for the residents at La Posada Village we have 80 rooms that need to be decorated.

Would you be willing to **Adopt-A-Room**? What that means:

You will take responsibility for making your room(s) a wonderful and welcoming experience for the future residents. The room should be appropriate for any gender (it will be used multiple times, like a hotel room). Suggested additions include:

- Sheets (fitted and flat) for a twin bed and two pillow cases
- Two sleeping pillows
- Duvet cover and [Duvet](#) insert (twin) _____
- Colorful throw pillows
- A warm [Fleece blanket](#)
- Small trash can
- A small area [Rug](#) Should be 3x5 or 4x4 and washable.
- Storage [bins](#)
- A welcome basket with toiletries, a welcome note, and other treats (if you include chocolates or food, please no nuts and no alcohol)
 - Shampoo
 - Lotion
 - Toothbrush/toothpaste
 - Deodorant
 - Razer and shaving cream
 - Feminine hygiene products
- Shower towel and hand towel
- Command Hooks (adhesive removable) for hanging towels
- Bathrobe and slippers for the walk to the shower.
- [Shower caddy](#) (they will walk to the showers nearby).
- A handwritten welcome note (very important!) telling them the room has been decorated by a fellow member of the community who cares about them
- Anything else you think would make a new home welcoming (feel free to ask us if you are unsure what would be appropriate). Use your heart and your creativity!
An outdoor plant and pot for the front doorstep (please pick drought-resistant that doesn't need regular watering, like succulents). Consider Rosemary or other fragrant options to add some lovely, healing smell too.

You will also be responsible for cleaning your unit-- making sure it's dust-free, Windex the windows, remove any last residue on the walls from the packaging materials, and make it sparkling clean! We will provide cleaning materials.

Notes: Please wear comfortable clothes, and no open-toed shoes (this is a construction site).

What is already provided: Bed frame, mattress and mattress pad, a dresser and chair, and a lamp.



Additional notes: We need mostly twin sized bedding, though we also need a few full-sized sets for couples. Please indicate which size you will be bringing. Gently used items are fine. You might consider donating two sets of sheets and towels, for laundry purposes.

Please RSVP to Jack Lorenz: jack@dignitymoves.org to sign up and reserve your room!